



European Society of  
Anaesthesiology and  
Intensive Care

### **Hospital Name**

CENTRO HOSPITALAR UNIVERSITARIO DO PORTO

### **Hospital Address**

LARGO PROFESSOR ABEL SALAZAR PORTO  
4099-001  
Portugal

### **Department Profile:**

University Hospital and trauma center located in the city center of Porto with a total of 700 beds. A total of approximately 40.000 anesthesia procedures are performed per year, distributed by the three main buildings of the hospital: Hospital de Santo Antonio, Centro Integrado de Cirurgia de Ambulatório ( Ambulatory Hospital ) approximately 20.000 procedures per year , and Centro Materno Infantil do Norte ( Maternity and Pediatric Hospital) approximately 2500 deliveries per year. . In total there are 24 intensive care beds in the general ICU´s admitting 1234 patients per year. Renal and Liver Transplantation Center. A pre-hospital emergency care service operates from the hospital on a 24 hour basis. Five year residency training regulated according to national guidelines. Integration of all parts of ESAIC in residency training. Weekly department and teaching reunions with theoretical and clinical meetings

### **Does the Host Centre offer**

- hands-on training (will provide patient care/have direct patient contact)
- observership (will not provide patient care with direct patient contact)

### **Observership subject to the following legal requirements/prerequisites**

REGISTRATION ON THE HOSPITAL EDUCATION DEPARTMENT, PROFESSIONAL INSURANCE.Declaration by the responsible national authority that certifies the ability to practice medicine

### **Hands-on practice subject to the following legal requirement/prerequisites:**

ALL THE PREVIOUS PLUS Registration on the Portuguese Medical Association

### **Anaesthesia Subspecialty or Intensive Care Medicine training for foreign Trainees are offered (Hands-on training only):**

- Transplantation
- General Paediatric
- Head and neck/ENT
- General Surgery
- Vascular Surgery

- Obstetric
- Pain
- Neuroanaesthesia
- Orthopaedics
- Ultrasound Guided Regional Anaesthesia
- Other

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- Other

**Educational activities offered**

- Journal club
- Departmental lectures

**Research activity offered**

- Collaboration: collaborative learning, international cooperation, development of new courses, meta-analysis

**Sample publications (1-3)**

Chronic pain, functionality and quality of life in cancer survivors. Poço Gonçalves J, Veiga D, Araújo A. Br J Pain. 2021 Nov;15(4):401-410. Urgent/emergency surgery during COVID-19 state of emergency in Portugal: a retrospective and observational study. Sá AF, Lourenço SF, Teixeira RDS, Barros F, Costa A, Lemos P. Braz J Anesthesiol. 2021 Mar-Apr;71(2):123-128. Postdural puncture headache in the obstetric population: a new approach? Xavier J, Pinho S, Silva J, Nunes CS, Cabido H, Fortuna R, Araújo R, Lemos P, Machado H. Reg Anesth Pain Med. 2020 May;45(5):373-376.

**Preferred exchange programme (Duration)**

- 1 month
- 2 months
- 3 months

**Specific months:**

- January
- February
- March
- April
- May
- June
- October
- November
- December

**Language requirements of an attending trainee:**

ENGLISH B2

**Languages spoken in the department**

ENGLISH

**Is accommodation available for an attending trainee (hospital facilities, useful links)?**

No

**Remarks and comments:**

Be aware to begin all the legal requirements at least 3 months prior to arrival.