



European Society of  
Anaesthesiology and  
Intensive Care

### **Hospital Name**

Insubria University - ASST Sette Laghi Varese Ospedale di  
Circolo Fondazione Macchi

### **Hospital Address**

Viale Borri, 57  
Varese 21100 Italy

### **Department Profile:**

Department of Biotechnologies and Sciences of Life.  
Varese is located in the north of Italy, north of Lombardia area, in the middle of lakes region, near the Swiss border and it is livable garden town of 80.000 people. Our hospital is of 550 beds which take care of a large population of patients both from north west of Lombardia and Piemonte, in a particularly industrialized area, very near to Milan Malpensa International airport. Our Emergency Care Dept. is composed by Emergency Room (8 ICU beds), general ICU (12 beds), Trauma ICU (8 beds), Neuro ICU (8 beds), Cardiac ICU (8 in UTIC and 6 in Cardiac Surgery). Furthermore, Varese is a Trauma Centre serving Lombardia area, it is inserted in a very efficient extra-hospital emergency system. We received patients with different time-dependent pathologies (overall 700 patients year in all the ICU). The fellow will have the opportunity to manage very critically ill patients together with an exciting experience in our research clinical activities. Each fellow will be followed personally by a tutor and may take part in one of our research projects.

### **Does the Host Centre offer**

- hands-on training (will provide patient care/have direct patient contact)
- observership (will not provide patient care with direct patient contact)

### **Observership subject to the following legal requirements/prerequisites**

Medical licensure, health insurance, regulatory form to security, formation and privacy.

### **Hands-on practice subject to the following legal requirement/prerequisites:**

Medical licensure, health insurance, regulatory form to security, formation and privacy.

### **Anaesthesia Subspecialty or Intensive Care Medicine training for foreign Trainees are offered (Hands-on training only):**

- Cardiac
- Thoracic

- General Surgery
- Vascular Surgery
- Neuroanaesthesia
- Trauma
- Orthopaedics
- Ultrasound Guided Regional Anaesthesia
- Intensive Care Medicine
- Neuro ICU
- Cardiac ICU
- COVID ICU

**Anaesthesia Subspecialty or Intensive Care Medicine training for foreign Trainees are offered (Observership only):**

- Cardiac
- Thoracic
- General Paediatric
- Head and neck/ENT
- General Surgery
- Vascular Surgery
- Obstetric
- Pain
- Neuroanaesthesia
- Trauma
- Orthopaedics
- Ultrasound Guided Regional Anaesthesia
- Intensive Care Medicine
- Neuro ICU
- Cardiac ICU
- Paediatric ICU
- COVID ICU

**Educational activities offered**

- Journal club
- Departmental lectures
- Interdisciplinary consultations (MDM multidisciplinary meetings)
- One-to-one teaching
- Simulation

**Research activity offered**

- Clinical research
- Data mining
- Collaboration: collaborative learning, international cooperation, development of new courses, meta-analysis
- Possibilities for the future: further collaboration, grant applications etc.

**Sample publications (1-3)**

Anesthesiology 2013; 118:1307-21; [www.thelancet.com](http://www.thelancet.com) Published online June 1, 2014  
[http://dx.doi.org/10.1016/S0140-6736\(14\)60416-5](http://dx.doi.org/10.1016/S0140-6736(14)60416-5); Journal of Intensive Care (2016) 4:68 DOI  
 10.1186/s40560-016-0192-x

**Preferred exchange programme (Duration)**

- 2 months
- 3 months

**Specific months:**

- February
- March

- April
- May
- September
- October
- November

**Language requirements of an attending trainee:**

English and italian language (preferably)

**Languages spoken in the department**

Italian language (preferably) and english

**Is accommodation available for an attending trainee (hospital facilities, useful links)?**

No

-