

ROTTERDAM

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The Netherlands

Abstract Guidelines



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1. Abstract Calendar

IMPORTANT DATES

01 November 2025 – Online abstract submission opens.

05 December 2025, 23:59 CET – Abstract submission closes.
Any abstracts submitted after the deadline will not be accepted.

01 April 2026, 23:59 CEST – Accepted abstract presenter registration deadline.
*Presenters of accepted abstracts must register for the **full physical congress in Rotterdam** (no virtual presentation is possible) before this date.*

01 April 2026, 23:59 CEST – Deadline for abstract withdrawals.

22 April 2026 – ePoster submission opens.

13 May 2026, 23:59 CEST – ePoster submission closes.

2. Submission Conditions

1. The work in the abstract should not be presented nor appear, in another format, at any international English-speaking meeting before the Euroanaesthesia 2026 congress.
2. The work should not be published before Euroanaesthesia 2026, in whole or in abstract, in an indexed journal.
3. Your presentation shall be unbiased and based on the best available evidence. All elements of the presentation must be free from the control of commercial interests and any potential conflict of interest clearly disclosed.
4. In consideration of the European Society of Anaesthesiology and Intensive Care taking action in reviewing and editing the submission, the author(s) must transfer, assign, and otherwise convey copyright of ownership in said work to the European Society of Anaesthesiology and Intensive Care in the event said work is published by the Society. This copyright assignment applies only to the abstract submitted and does not apply to, or prevent, subsequent publication elsewhere of a full manuscript relating to the subject matter of such abstract.
5. If the abstract is accepted, one of the authors commits to present the work, in-person, at the upcoming Euroanaesthesia 2026 congress. Presenters of accepted abstracts must register for **the full 3-day onsite congress before 01 April 2026**. Otherwise, the abstract will be removed from all Euroanaesthesia-related publications, including the Abstract Book, and will be rejected for presentation at Euroanaesthesia.
6. If Artificial Intelligence (AI) tools have been used, at any point, in the process of the research or the writing of the abstract, it must be clearly disclosed in the abstract text. Moreover, all authors accept that they are exclusively responsible for the accuracy of the information provided in the abstract.

3. Online Abstract Submission

Abstracts for Euroanaesthesia should be submitted online through the **dedicated submission platform**. The platform is accessible from your [MyESAIC account](#). The abstract submission process involves the following steps:

- Ethical Research Questionnaire and Declaration
- Abstract Content
- Topic / Keywords
- Conflict(s) of Interest
- Authors/Institutions/Study Group
- Abstract Summary
- Abstract Preview

These steps should all be completed in order to ensure successful submission, although not necessarily in one session. All information can be edited until the submission deadline (if already submitted prior to the modification, make sure to save any changes).

Editing information is no longer possible after the submission deadline.

4. Ethical Research Declaration

All abstracts submitted must adhere to the Declaration of Helsinki's ethical principles for medical research involving human subjects and the rules laid down by the International Committee of Medical Journal Editors in their recommendations for conducting, reporting, editing, and publishing scholarly work in medical journals. This requires that all research (clinical or experimental in humans or animals) must have the approval or an exemption from a suitable Institutional Review Board (IRB), Independent Ethics Committee (IEC), or Ethical Review Board (ERB). In the absence of the relevant documentation, the abstract will be rejected.

The first step of the abstract submission process is a questionnaire designed to determine the type of abstract submitted and the corresponding Ethical Declaration requirements. The submitter will answer a series of YES/NO questions and automatically be prompted to provide the ad hoc Ethical Declaration.

Some abstract types have no matching ethical requirements. Conversely, when an approval or exemption is required, the submitter must complete an Ethical Declaration certifying they can provide the relevant documents upon request. Submitters may be required to provide written evidence of review/exemption or Patient Consent to the ESAIC Scientific Committee and must be able to produce it following the completion of the submission process.

Misleading statements in the ethical declaration or failure to provide relevant proof of consent/approval/exemption will result in the rejection of the abstract and the authors' institution will be informed.

5. Abstract Types

The Euroanaesthesia congress offers two options for abstract submission: case report and non-case report. The abstract type is determined automatically based on the information provided in the questionnaire of the *Ethical Declaration* section.

Option 1: Case Report

Case reports should only be submitted if they present a case or therapeutic approach that has not been published before. Case reports presented under this category should contain concise statements of:

- **Background:** Describe the underlying clinical question or problem. Include a brief statement summarising why this case is unusual and noteworthy.
- **Case report:** Summarise the information that you have gathered: a brief history; important and relevant, positive and negative, findings with details of investigations; treatment(s); and the condition of the patient after treatment.
- **Discussion:** State the significance of the information. Explain the objective of reporting the case; describe what others have written before about the condition or any related features. Support with facts the message you are trying to convey. The reviewers want proof of the rarity and relevance of the condition and the scientific explanations for it.
- **References:** Include up to three references, numbered according to order of occurrence in the text, with the corresponding number in the text.
- **Learning points:** These are essentially your final conclusions and serve to crystallise your thoughts on exactly why you think this case is of value and what we can learn from it.

Option 2: Non-Case Report

This option is most suited for scientific research. Abstracts presented under this option should contain concise statements of:

- **Background and Goal of Study:** Indicate the purpose and objective of the research; clearly state the hypothesis that was tested by the study or the observations that are sought.
- **Materials and Methods:** Describe methods used. Standard methods need only be named, but uncommon or new methods may need a more detailed description. The reader must understand how the data were generated. Indicate how the data were analysed and which statistical tests were used. Disclose any use of AI tools through the research process.
- **Results and Discussion:** Present, as clearly and thoroughly as possible, the findings and outcome of the study in summarised form. Abstracts need only short discussions. Focus on what can be concluded from the data and explain them in simple words. Avoid any speculations.

- **Conclusion(s):** Give a simple answer to the hypothesis in the light of the new data from your study. You may wish to suggest what needs to be studied next. The conclusion must be justified by your data.
- **References (optional):** Include up to three references, numbered according to the order of occurrence in the text, with the corresponding number in the text.
- **Acknowledgements (optional):** Include any acknowledgements you wish to make. Mention any AI tools used as writing support.

6. Detailed Guidelines

Early abstract submission is strongly encouraged in order to avoid any last-minute rush. **Please read the following important information carefully before you submit an abstract.** Non-adherence to these submission guidelines may be ground for rejection.

Language

All abstracts must be written in **English**. Please write as simply as possible and avoid language mistakes. If English is not your first language, we recommend that you have your abstract proofread by a native speaker before submission.

Submission process

Abstracts **can only be submitted online** via the Euroanaesthesia 2026 abstract submission platform **between 01 November 2025 and 05 December 2025**. Abstracts submitted by mail or e-mail will not be accepted.

Number of Authors

Up to 6 authors (1st author + 5 co-authors) maximum are allowed for an abstract. The authors will be published in the same order as submitted. The presenting author will be underlined and will be the contact author. The presenter's required details need to be provided and/or updated in their MyESAIC account. The affiliation of all authors must be disclosed.

Length

The abstract title is limited to **300 characters** and the abstract body should not exceed **2500 characters** including spaces. **Each image inserted in the abstract body counts for 300 characters. A table counts for 50 characters per each table row.**

Author names and affiliations are not counted towards the 2500 characters limit.

Font

Use a **standard font**, like Arial, when formatting your text. This helps prevent special characters from getting lost when copying your text to the online abstract submission form. Avoid full sentences in capital letters, including in the title. Please remember to preview the final abstract before submission and edit it if necessary.

Pictures

Images, graphs or illustrations count as 300 characters in your abstract (colours are allowed). The maximum size allowed is 800x600 pixels (height/width). Any graphics larger than this size is not accepted.

Spelling

It is the authors' responsibility to submit a correct abstract. Any errors in spelling, grammar or scientific fact will be reproduced as typed by the submitter when the abstract is published.

Topic

The abstract topic is the general heading under which your abstract will be reviewed and later published in the congress materials if accepted. Please choose the topic which best describes the subject of your abstract.

Please note, the Scientific Committee reserves the right to decide the final topic assignment upon abstract review.

The following topics are available:

1. Airway Management
2. Ambulatory Anaesthesia
3. Brain: Neuro-anaesthesiology and Intensive Care
4. Cancer
5. Career and Wellbeing
6. Critical Emergency Medicine
7. Devices and Technology
8. Drugs and Pharmacology
9. Education
10. Ethics
11. Fluid and Blood Management: Transfusion, Haemostasis, Thrombosis,...
12. General Anaesthesiology
13. Heart: Cardiovascular Anaesthesiology and Haemodynamics
14. Hepatobiliary and Kidney
15. Infection, Sepsis and Immunology
16. Intensive Care Medicine
17. Lung: Ventilation and Pulmonary Disease in the OR and ICU
18. Metabolic Disease and Obesity
19. Pain and Palliative Medicine
20. Patient Safety
21. Perioperative Care
22. Regional Anaesthesia
23. Sustainability
24. The Geriatric Patient
25. The Obstetric Patient
26. The Paediatric Patient
27. Thoracic Anaesthesia

7. Conflict of Interest

Any abstract presenter who takes part in a session at Euroanaesthesia, must declare the existence of any relationship or arrangement, direct or indirect, that could be reasonably considered to affect the content of their presentation. This includes but is not limited to, financial relationships, advisory positions, receipt of payments, expenses, grants, or departmental support, and other organisations membership (up to 3 years before the abstract submission).

Individuals who declare a Conflict of Interest (CoI) at the time of submission should also disclose this to the audience at the beginning of their presentation and make mention of it on their poster. The audience and chairpersons are entitled to request such statements if they are not spontaneously made.

8. Abstract Corrections

During the submission period, the abstract can be edited online as many times as needed, until the submission period ends. Remember to **save** any information and amendments to your abstract by clicking on the "SAVE" button as you progress through the submission process.

Once you have submitted an abstract, it is still possible to make corrections prior to the submission deadline. Make sure to click the "SAVE" button once the edit is finalized, otherwise the changes will not be applied to the submission.

No changes/edits will be possible after the submission deadline (05 December 2025).

In case of errors in the abstract discovered after the deadline, you can either withdraw the abstract or - for minor errors - indicate the correction during the presentation at the Euroanaesthesia congress. However, changes will not be included in the published version of the abstract in the Abstract Book 2026.

9. Review and Scheduling

All submitted abstracts will go through a blind peer-review process carried out by international reviewers selected by the ESAIC Scientific Committee. Each abstract will be evaluated by, at least, two reviewers.

Duplicate abstracts will automatically be rejected.

Notification of results and schedule

Notification of acceptance or rejection will be sent by the end of February 2026. **Only the presenting author** will receive abstract-related communications and is responsible for informing all co-authors of the status of the abstract. Presentation schedules will be sent out in March 2026.

If an individual submits multiple abstracts and more than one abstract is accepted for presentation, the ESAIC will attempt to schedule the presentations to prevent time conflicts for the presenter.

Nevertheless, because of the complexity of scheduling such a large number of abstract presentations, some scheduling conflicts may be unavoidable.

If a time conflict occurs, the original abstract presenter will be responsible for selecting a co-author to present the abstract. The new abstract presenter must be registered for the congress by the 01 April 2026 deadline and clearly understand the study.

IMPORTANT: a maximum of 3 abstracts per presenter is allowed.

If an individual submits multiple abstracts and more than 3 abstracts are accepted for presentation, the original abstract presenter must designate at least one co-author to present the additional abstracts. The new abstract presenter must be registered for the congress by the 01 April 2026 deadline and clearly understand the study.

10. Registration of the Abstract Presenter

If the abstract is accepted, the author commits to presenting the work in-person at Euroanaesthesia 2026, in Rotterdam, the Netherlands, 06-08 June.

There will be no possibility to present the abstract online.

IMPORTANT: The author who submits the abstract through the submission platform will automatically be considered as the presenting author, if the abstract is selected.

If the submitting author does not intent to present the abstract in-person at the congress, they should ask the co-author who will most likely travel to Rotterdam to submit.

Likewise, if a group of authors intend to submit more than 3 abstracts, they should consider splitting them between two or more authors.

It will only be possible to change the designated presenter of an abstract *after* the announcement of the selection results.

Presenters of accepted abstracts must register for the 3-day onsite congress before 01 April 2026 (23:59 CET).

The same presenter CANNOT be appointed to more than 3 abstracts. Co-authors should be appointed as presenters, if that is the case.

For more details about the registration fee for abstract presenters, please refer to the [Euroanaesthesia 2026 website](#).

If a presenter fails to register before the deadline:

- The abstract(s) will be withdrawn by the ESAIC;
- The abstract(s) will not be published in the e-supplement of the European Journal of Anaesthesiology and removed from all other Euroanaesthesia-related publications;
- The abstract(s) will be rejected for presentation at the congress.

11. Presentation (e-Posters)

Abstract presenters will be required to make a **formal presentation in front of a ePoster terminal in Rotterdam, the Netherlands. All abstract presentations will take place onsite (no virtual presentation is possible).**

Two chairpersons will conduct a short discussion of each abstract with the presenter and the audience. In each session, up to 12 abstracts can be presented.

Poster Submission

In April 2025, abstract presenters will receive an email with all the instructions to submit their ePoster(s) through a dedicated online system.

Submission start date: **22 April 2026**

Submission deadline: **13 May 2026, 23:59 CEST**

It is the presenters' responsibility to submit their e-poster(s) on time.

Submissions after the deadline will not be accepted and the abstract will be removed from the Euroanaesthesia 2026 programme.

ePoster Presentation

Your poster will be shown on interactive ePoster stations. See more details about the terminals on <https://posterwalk.com/>.

The ePoster need to be prepared as per the following requirements:

- Number of pages: 1
- File format: PPT, PPTX or PDF
- Poster ratio: 16:9
- Poster size in cm: 67,733cm width x 38,1cm height – landscape orientation

If the poster includes videos, they must be uploaded separately. The following requirements apply:

- Video and file format: .mp4
- Max. Duration: 1 minute
- Max. number: 3 videos
- Sound: not supported

Posters must be submitted in landscape orientation. A ready-made ePoster template in PowerPoint format will be available and downloadable on the [Euroanaesthesia 2026 website](#) closer to the e-poster submission dates.

12. Publication

All accepted abstracts presented at the Euroanaesthesia 2026 congress will be published in their entirety as an e-supplement to the European Journal of Anaesthesiology (EJA). The publication of the accepted abstract is therefore dependent on the timely registration of the abstract presenter.

If accepted for presentation at the congress, the abstract will be published as entered into the abstract submission platform (no modifications allowed).

Previous editions of the Abstract Book can be found here: [EJA-Abstract Books](#)

13. Best Abstract Prize Competition

The best abstracts submitted will be selected by the ESAIC Scientific Committee for the Best Abstract Prize Competition (BAPC), that will be held at Euroanaesthesia 2026 in Rotterdam, the Netherlands. Cash prizes of € 3.000, € 2.000 and € 1.000 will be awarded to the best three abstracts presented during the BAPC.

Nominees for the Best Abstract Prize Competition will be notified by the ESAIC. Each nominee will give a 10-minute PowerPoint presentation followed by a 5-minute discussion of the abstract at Euroanaesthesia 2026.

The Best Abstract Prize Competition session is scheduled on Sunday 07 June 2026 from 13:30 to 15:30 CEST. The three best abstracts will be announced after the presentations.

14. Trainee Travel Grant

A free registration and 300€ travel grant will be awarded to the 20 best abstracts from trainees in good standing with their ESAIC membership for 2026. The selected trainee presenters will be contacted by the ESAIC Headquarters in due course.

More information about the different memberships and benefits of becoming an ESAIC members can be found [here](#).

15. Withdrawal conditions

Written notice must be submitted

If a submitted abstract must be withdrawn, a written withdrawal request must be submitted to the ESAIC Headquarters (abstracts@esaic.org) by e-mail originating from the presenter's e-mail address.

This notice must clearly mention:

- Abstract submission number and title;
- Presenter's contact details;
- Reason(s) for withdrawal of the abstract;
- Agreement of all the authors that the abstract must be withdrawn.



Together for
improved health
outcomes,
patient safety,
and greater
environmental
sustainability
across anaesthesiology
and intensive care

